

Pre-Treatment Neuromodulators:

- For 7 days prior to treatment:
 - No NSAID's (ibuprofen, naproxen, Aleve, Motrin, Celebrex), No Aspirin and No blood thinners. If you are on medication prescribed by your doctor that may thin your blood or affect blood clotting, please notify your primary care provider you are planning on having an aesthetic medical procedure. Avoid supplements that tend to thin the blood such as Gingko Biloba, Garlic, Turmeric, Flax Oil, Fish Oil, Vitamin E.
- Avoid alcohol and nicotine 3 days prior to and after treatment as the use of these products contributes to potentially longer healing times as well as increased risk of complications and delay of optimal results.
- On the day of treatment, keep your face clean and do not apply makeup or moisturizers.
- No treatment if currently pregnant or breastfeeding.
- If you have a history of cold sores, please be sure to advise your provider prior to treatment to assess if an anti-viral prescription needs to be obtained.

Post Treatment Neuromodulators:

- No makeup for 4 hours post injection.
- No vigorous exercise for 24 hours following treatment.
- Do not lie down for 3-4 hours following treatment.
- Avoid manipulation of area for 3-4 hours following treatment.
- No massage, No HydraFacial, No chemical peels for 2 weeks post treatment.
- No tight-fitting head wear such as hats or headbands up to 24 hours after treatment.
- NO ICE.
- It can take up to 10 days for the product to take effect. It is possible additional products may need to be administered. Please call the office at 2 weeks if additional product is needed.
- If there is any concern during your healing process, please call our office 916-242-2662.



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