

Laser Hair Reduction Treatment Instructions

We do not recommend Laser Hair Reduction if you have the following:

- Any tan including natural sun, tanning beds, spray tans or self-tanner.
- Active lesions, wounds, or infections of treatment area.
- Use of medications that make you sensitive to light.
- Psoriasis in treatment area.
- Polycystic ovarian syndrome.

Prior to Procedure:

- Have treatment area shaved within 24 hours (However, not the same day treatment is scheduled).
- Do not wax or pluck treatment area at least six weeks prior to procedure.
- No direct sun exposure two weeks prior.
- Do not wear deodorant, creams, or lotions prior to the procedure.
- No retinols to treatment area for 1 week prior to procedure.

Day of Procedure:

- All new patients to Laser Hair Reduction will receive an evaluation on their first treatment day. The provider will evaluate your skin and if deemed necessary a 'test shot' may be done before proceeding directly into treatment.
- Skin may be warm similar to a mild sunburn.

Post Procedure:

- Some redness and inflammation are expected. May ice area as needed.
- Do not use deodorant for 24-48 hours if underarms were treated.
- Avoid abrasive scrubs to area treated for a week.
- Avoid retinols to area treated for a week.
- AVOID SUN TANNING FOR ENTIRETY OF TREATMENT SESSIONS.
- If you experience any blistering post treatment please call the office 916-242-2662.



916-242-2662

www.gbcs.com