

Pre-Treatment Chemical Peel:

- No use of retinoids or retinols 7 days prior to your treatment.
- No use of Accutane within the last 6 months.
- No prolonged sun exposure to the face 24 hours prior to your treatment. A Chemical Peel will not be administered on sunburned skin.
- No shaving, plucking, or waxing in the treatment area for at least 24 hours before treatment.
- On the day of the treatment, please keep your face clean and do not apply makeup.
- No Neuromodulator or Dermal Fillers 1 weeks prior to Chemical Peel.
- If an active or extreme breakout occurs before treatment, please consult your provider.

Post-Treatment Chemical Peel:

- Post treatment stinging can be expected.
- If flaking occurs, do not peel off dead skin as this could lead to scarring.
- Avoid the use of any skin care products or make-up for 24 hours following treatment.
- Avoid prolonged sun exposure for 2 weeks after treatment. Use a medical grade broad spectrum UVA/UVB of SPF 30 or greater all waking hours.
- No Neuromodulators or Dermal Fillers for at least 2 weeks following treatment.

Expected Skin Reactions and Results:

- Redness, tingling or burning can be expected for the first few hours following treatment.
- Dryness, irritation, and flakiness may be present for the first few days following treatment.
- Some patients experience mild breakouts within a few days after treatment.
- Peeling of the skin may occur 3-7 days after the Chemical Peel. DO NOT pull or pick the peeling skin, this can increase the risk of irritation, infection and/or scarring.
- Formation of new healthy skin will occur approximately 7-14 days post treatment.

